

**MAYA TAMIR  
CURRICULUM VITAE**

PERSONAL INFORMATION \_\_\_\_\_

Professional Address:	Department of Psychology 338 McGuinn Hall Boston College 140 Commonwealth Ave. Chestnut Hill, MA 02467
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EDUCATION \_\_\_\_\_

2004	Ph.D. in Psychology, University of Illinois at Urbana-Champaign, Major: Social, Personality, and Organizational Psychology Minor: Cognitive Psychology
2001	M.A. in Psychology, University of Illinois at Urbana-Champaign
1999	B.A. in Psychology and Business, Tel-Aviv University, Tel-Aviv, Israel

PROFESSIONAL EXPERIENCE \_\_\_\_\_

2006-present	Assistant Professor of Psychology, Boston College
2004-2006	Postdoctoral Fellow, Stanford University

AWARDS AND FELLOWSHIPS \_\_\_\_\_

2008	Research Expense Grant, Boston College (\$4,000)
2007-2008	Teaching, Advising and Mentoring Grant (\$11,000), Boston College
2004	American Psychological Association Dissertation Research Award
2004	Society for Personality and Social Psychology (APA Division 8) Award for Best Student-Authored Publication
2003	Positive Psychology Pod Research Funding (\$5,000)
2003	Society for Personality and Social Psychology Student Travel Award
2003	Positive Psychology Summer Institute
2003	Summer Institute in Social Psychology – Social Neuroscience
2003	University of Illinois’s Graduate College On-Campus Dissertation Grant
2002-2003	University of Illinois Fellowship and Dallenbach Fellowship
2002	Nancy Hirschberg memorial award for outstanding research or scholarship

## RESEARCH INTERESTS

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- Emotion, motivation, and behavior
- Emotion regulation
- Individual differences in emotion and information processing

## PUBLICATIONS

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- Tamir, M. (in press). What do people want to feel and why? Pleasure and utility in emotion regulation. *Current Directions in Psychological Science*.
- Srivastava, S., Tamir, M., McGonigal, K. M., John, O. P., & Gross, J. J. (in press). The social costs of emotional suppression: A prospective study of the transition to college. *Journal of Personality and Social Psychology*.
- Robinson, M. D., Meier, B. P., Tamir, M., Wilowski, B.M., & Ode, S. (in press). Behavioral facilitation: A cognitive model of individual differences in approach motivation. *Emotion*.
- Tamir, M. (in press). Differential preferences for happiness; Extraversion and trait-consistent emotion regulation. *Journal of Personality*.
- Tamir, M., & Diener, E. (2008). Approach-avoidance goals and well-being: One size does not fit all. In A. J. Elliot (Ed.), *Handbook of approach and avoidance motivation* (pp. 415-430). Mahwah, NJ: Erlbaum
- Tamir, M., Mitchell, C., & Gross, J. J. (2008). Hedonic and instrumental motives in anger regulation. *Psychological Science*, 19, 324-328.
- Tamir, M., Chiu, C. Y., & Gross, J. J. (2007). Business or pleasure? Utilitarian versus hedonic considerations in emotion regulation. *Emotion*, 7, 546-554.
- Tamir, M., & Robinson, M. D. (2007). The happy spotlight: Positive mood and selective attention to rewarding information. *Personality and Social Psychology Bulletin*, 33, 1124-1136.
- Tamir, M., John, O. P., Srivastava, S., & Gross, J. J. (2007). Implicit theories of emotion: Affective and social outcomes across a major life transition. *Journal of Personality and Social Psychology*, 92, 731-744.
- Tamir, M., Robinson, M. D., & Solberg, E. C. (2006). You may worry, but can you recognize threats when you see them?: Neuroticism, threat identifications, and negative affect. *Journal of Personality*, 74, 1481-1506.

- Diener, E., Tamir, M., & Scollon, C. N. (2006). Happiness, life satisfaction, and fulfillment: The social psychology of subjective well-being. In P. Van Lange (Ed.), *Bridging social psychology* (pp. 319-324). Mahwah, NJ: Erlbaum.
- Tamir, M. (2005). Don't worry, be happy? Neuroticism, trait-consistent affect regulation, and performance. *Journal of Personality and Social Psychology*, 89, 449-461.
- Kim-Prieto, C., Diener, E., Tamir, M., Scollon, C. N., & Diener, M. (2005). Integrating the diverse definitions of happiness: A time-sequential framework of subjective well-being. *Journal of Happiness Studies*, 6, 261-300.
- Robinson, M. D., & Tamir, M. (2005). Neuroticism as mental noise: A relation between neuroticism and reaction time standard deviations. *Journal of Personality and Social Psychology*, 89, 107-114.
- Tamir, M., & Robinson, M. D. (2004). Knowing good from bad: The paradox of neuroticism, negative affect, and evaluative processing. *Journal of Personality and Social Psychology*, 87, 913-925.
- Tamir, M., Robinson, M. D., Clore, G. L., Martin, L. L., & Whitaker, D. (2004). Are we puppets on a string?: The contextual meaning of unconscious expressive cues. *Personality and Social Psychology Bulletin*, 30, 237-249.
- Biswas-Diener, R., Diener, E., & Tamir, M. (2004). What the Greeks and self-help books haven't told you about happiness. *Daedalus*, 18-25.
- Robinson, M. D., Vargas, P. T., Tamir, M., & Solberg, E. C. (2004). Using and being used by categories: The case of negative evaluations and daily well-being. *Psychological Science*, 15, 521-526.
- Robinson, M. D., Solberg, E. C., Vargas, P., & Tamir, M. (2003). Trait as default: Extraversion, subjective well-being, and the distinction between neutral and positive events. *Journal of Personality and Social Psychology*, 85, 517-527.
- Robinson, M. D., Rokke, P. D., & Tamir, M. (2003). Feeling about thinking: The role(s) of affect in social cognition. *Contemporary Psychology: APA Review of Books*, 48, 356-358.
- Tamir, M., Robinson, M. D., & Clore, G. L. (2002). The epistemic benefits of trait-consistent mood states: An analysis of extraversion and mood. *Journal of Personality and Social Psychology*, 83, 663-677.
- Clore, G. L., & Tamir, M. (2002). Affect as embodied information. *Psychological Inquiry*, 13, 37-45.

MANUSCRIPTS UNDER REVIEW OR IN REVISION \_\_\_\_\_

- Tamir, M., & Ford, B. Q. (2008). *Choosing to be afraid: Preferences for fear as a function of goal pursuit*. Manuscript in revision.
- Tamir, M., & Ford, B. Q. (2008). *What people want to feel may depend on the utility of their emotions*. Manuscript in revision.
- Goldstein, T. R., & Tamir, M. (2008). *When emotions are tools of the trade: Emotion regulation in actors*. Manuscript under review.

CONFERENCE ORGANIZED \_\_\_\_\_

- 2008-2009      Emotion preconference to the annual meeting of the Society of Personality and Social Psychology, co-organizer.

CONFERENCE SYMPOSIA CHAIRED \_\_\_\_\_

- Tamir, M. (2009, February). *What Do People Want to Feel? Exploring Motives in Emotion Regulation*. Chair, Symposium to be presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Tamir, M., Gross, J. J. (2005, January). Individual Differences in Affect Regulation. Co-Chairs, Symposium to be presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

CONFERENCE PAPER PRESENTATIONS \_\_\_\_\_

- Tamir, M. (2009, February). *What Will I Get Out of It? Expected Utility and Preferences for Anger*. Paper to be presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Tamir, M., & Robinson, M. D. (2006, January). *A happy spotlight: The effects of positive affect on selective attention*. Paper to be presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Robinson, M. D., & Tamir, M. (2006, January). *Epistemic consequences of mood for affective processing: Interactions of mood and personality*. Paper to be presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Tamir, M. (2005, January). *Mood regulation preferences as a function of personality and situational demands*. Paper to be presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Tamir, M., Robinson, M. D., & Clore, G. L. (2001). *Trait-state congruency in affective processing*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Clore, G. L., Robinson, M. D., Tamir, M., & Centerbar, D. (2002). When emotions make emotions. Paper presented at the International Society for Research in Emotions, Cuenca, Spain.

Clore, G. L., Robinson, M. D., Tamir, M., & Centerbar, D. (2002). Are emotions responses to stimuli or interpretations of stimuli? Paper presented at the annual meeting of the Society for Personality and Social Psychology, Savannah, TX.

#### CONFERENCE POSTER PRESENTATIONS

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Gaudios, F., & Tamir, M. (2009, February). *The associative learning of affective preferences*. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Ford, B. Q., & Tamir, M. (2009, February). *Choosing to be afraid: Preferences for fear as a function of goal pursuit*. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Tamir, M. & Robinson, M. D. (2004, January). *Recognizing bad things can be hedonically pleasing: Traits, implicit approach and avoidance, and mood states*. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Unkelbach, C., & Tamir, M. (2004). *Stimmungseinflüsse beim "Face in the Crowd" Effekt* [Mood influences on the "Face in the crowd" Effect]. Poster presented at the annual meeting of the Deutsche Gesellschaft für Psychologie (DGPs), Göttingen, Germany.

Tamir, M., Robinson, M. D., & Clore, G. L. (2000). *When do we really know what we want? Trait-state congruency in affective processing*. Poster presented at the conference of the International Society for Research on Emotions, Quebec City, Canada.

#### INVITED COLLOQUIA PRESENTATIONS

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September, 2008	Yale University, Social Psychology Colloquium Series
May, 2008	University of Massachusetts at Amherst, Social Psychology Colloquium
February, 2008	University of Connecticut, Social Area Colloquium Series
February, 2008	University of Chicago, Graduate School of Business, Colloquium Series
April, 2007	Harvard University, Martinos Center for Imaging Talk Series

February, 2007	Northeastern University, Social Psychology Colloquium Series
November, 2006	Harvard University, Social Psychology Colloquium Series
January, 2006	University of Denver, Departmental Colloquium
January, 2006	Stanford University, Graduate School of Business, Departmental Colloquium
December, 2005	University of Iowa, Departmental Colloquium
December, 2005	Boston College, Departmental Colloquium
November, 2005	Texas A & M, Departmental Colloquium
June, 2005	University of the Negev, Beer-Sheva, Israel, Departmental Colloquium
March, 2005	Stanford University, Personality Psychology Colloquium Series
December, 2004	University of British Columbia, Canada, Departmental Colloquium
February, 2004	University of Miami, Departmental Colloquium
January, 2004	University of Oregon, Departmental Colloquium
December, 2003	University of California, Davis, Departmental Colloquium
December, 2003	State University of New York, Buffalo, Departmental Colloquium
October, 2003	Michigan State University, Social Psychology Colloquium Series
September, 2003	University of Illinois, Social Psychology Colloquium Series

#### EDITORIAL DUTIES

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2008 - Editorial Board, *Personality and Social Psychology Bulletin*

#### PROFESSIONAL SERVICE

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2008 - Member, Minority Post Doctorate Panel, National Science Foundation

#### AD HOC REVIEWER

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*Behaviour Research and Therapy*  
*Basic and Applied Social Psychology*  
*Cognition and Emotion*  
*Emotion*  
*European Journal of Social Psychology*  
*Journal of Experimental Social Psychology*  
*Journal of Happiness Studies*  
*Journal of Personality*  
*Journal of Personality and Social Psychology*  
*Motivation and Emotion*  
*Psychology and Aging*  
*Personality and Social Psychology Bulletin*  
*Perspectives on Psychological Science*  
*Psychological Science*  
*Social Cognition*

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS \_\_\_\_\_

Society for Personality and Social Psychology  
 Association for Psychological Science  
 International Society for Research on Emotion

MEDIA COVERAGE \_\_\_\_\_

The Upside of Anger (May, 2008). *Association for Psychological Science Observer*  
 Das Wunder des Argerns (April, 2008). *Spektrumdirekt.com*  
 Anger Has an Upside, Study Suggests (March, 2008). *ScienceDaily.com*  
 How Heavy Metal Prepares You for Heavy Emotions (March, 2008). *NewScientist.com*  
 Study: People Willing to Get Angry to Win (March, 2008). *United Press International*

TEACHING \_\_\_\_\_

2009	The Social Psychology of Emotion, Instructor
2008-2009	Advanced Topics in Social Psychology, Instructor
2006	Social Cognition, Instructor
2002-2003	Introduction to Personality, Instructor
2002	Research Methods in Personality Psychology, Lab instructor
2001	Research Methods in Social Psychology, Lab instructor
1999-2000	Introduction to Personality, Teaching assistant

MENTORING \_\_\_\_\_

**Doctoral-Level Advisees**

Frederic Gaudios, 2011 (expected)  
 Joy Hackenbracht, 2011 (expected)

**Undergraduate Honors Thesis Advisees**

Brett Q. Ford, 2009 (expected)  
 Kate Stewart, 2009 (expected)  
 Erin Dea, 2008  
 Christopher Mitchell, 2007

**Graduate Student Committee Member**

Pamela Naab, 2007  
 Eliza Bliss-Moraeu, 2008  
 Maria Gendron, 2008  
 Thalia Goldstein, 2009 (expected)  
 Shannon Snapp, 2009 (expected)  
 Nicole Nelson, 2009 (expected)  
 Katherine Mickley, 2010 (expected)  
 Jill Waring, 2010 (expected)  
 Alisha Holland, 2011 (expected)